

# THANK YOU FOR THE FEEDBACK

1-Day Program



**A well timed, genuine and effective feedback can act as one of the quickest and most cost-effective strategy for professional fulfillment. The art of positively responding to feedback involves not only acknowledging it gracefully, but also considering it further to take required actions. This DOOR program raises learners' awareness and equips them with mindsets, skills and tools for exchanging effective feedback.**

**Thank You For The Feedback**



## Topics

- + Sources and types of feedback
- + Guidelines for seeking and giving feedback
- + Feedback as a developmental tool
- + Common feedback triggers and mistakes
- + Practice constructive feedback giving

## Training Objectives

At the end of this training you will be able to:

1. Understand the role and importance of feedback
2. Learn ways to give and receive feedback in a structured and efficient manner
3. Leverage feedback for personal and professional growth
4. Learn how to avoid common feedback mistakes
5. Self-assess your current skills for exchanging feedback and action planning to bridge the gaps

## Duration

1 Day

# WE ALL NEED PEOPLE WHO WILL GIVE US #FEEDBACK, THAT'S HOW WE IMPROVE.

## Program Schedule

### Types and sources of feedback

- + Need for feedback
- + Types of feedback
- + Sources of feedback: internal and external to organization
- + Feedback: facts from developmental psychology

### Guidelines for giving feedback

- + Distinguishing characteristics of constructive feedback: GOT-US!
- + SBI model for giving constructive feedback in a timely, structured and effective manner

### Feedback as a developmental tool

- + Feedback for self-development; leading to better workplace relationships
- + Feedback for professional growth

- + My personal feedback comfort zone

### Common feedback triggers and mistakes

- + Decoding the triggers that can stop your feedback from being received well
- + Tips for avoiding common feedback mistakes

### Practicing constructive feedback giving

- + Do it this way – Practice the 4 styles of constructive feedback

### Final blueprint for improving your feedback exchanging skills

- + Actions for self – immediate and successive
- + Making it the breakfast of the new age champions

## More information

If you would like to discuss any one of our programs please contact us.

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