

# HIGH PERFORMING TEAMS

2-Days Program



**Do you know about a sport which requires the most competent members to come together cohesively for milliseconds to make the magic happen? It's the F1 car racing! It's a great team not the team of greats. What if you were a manager of one such team? This DOOR program raises learners' awareness about what it takes to be the manager of a team driven by high performance. It equips them with mindsets, skills and tools for shaping their teams while identifying individual strengths.**

**High Performing Teams**



## Topics

- + Introduction to the need for being a high performing team player
- + Rudiments of team performance
- + Roles I need to play to build and sustain a team's performance culture
- + Methods of assessing team and individual performance

## Training Objectives

At the end of this training you will be able to:

- 1 Understand the construct of a high performing team
- 2 Learn tools, tips and techniques to build and sustain high team performance
- 3 Assess where your team and you stand and draw a blueprint for progress
- 4 Encourage critical thinking and team playing skills
- 5 Assess own lenses and contribution to the team
- 6 Be a reflector for each team member to gain perspectives on their performance potential

## Duration

2 Days

# THE WAY A #TEAM PLAYS AS A WHOLE DETERMINES ITS SUCCESS.

## Program Schedule

### DAY ONE

Introduction to need for being a high performing team player

- + What does a high performing team look like?
- + Benefits and losses of being a team player or not being one
- + Stages of team development - Bruce Tuckman model

Rudiments of performance

- + Needs of high performing team members
- + Levels of performance and the commitment gap
- + The Performance scorecard – The BRIDGE card

Roles I need to play as a team player

- + The 4 roles inventory
- + The roles enactment – driving and inhibiting forces
- + My roles magnetic field

### DAY TWO

Skills to build a performance culture

- + Identifying my performance style and pace
- + The Flow model of Mihaly Csikszentmihalyi
- + The 5 critical mindsets and skills to build

Common barriers faced by high performing teams

Elements of effective communication in a high performing team

Final blueprint for my team's success

- + Actions for each individual
- + Actions for team as a whole
- + Actions for self

## More information

If you would like to discuss any one of our programs please contact us.

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